



Aberdeen Academy NEWSLETTER



Aberdeen Academy

928 Aberdeen St. NE
Grand Rapids, MI 49504
616-819-2868

Website:

<https://www.grps.org/aberdeen>

Social Media:

<https://www.facebook.com/Aberdeenacademy>

Principal – Mrs. Simon
Secretary – Ms. Jen

School day – 8:30-3:26
Breakfast starts at 8:10

Upcoming Dates/Events:

3/13 Spring Pictures
3/18 Conferences
3/20 Conferences
3/17 NO SCHOOL



4/4-4/11 Spring Break
4/23-25 Camp Rogers, 4-6th grade



Count Day

Wednesday, February 12 is our Spring Count Day. Please do not send your students to school if they are not feeling well. As long as you call school to excuse them and they return in a reasonable amount of time they will be counted. This is also Celebration Week. See the calendar.

* Mid-Winter Break *

Monday and Tuesday February 24-25 there is no school.

Too Sick to Attend?

Wondering if your scholar is too sick for school? Our health office can answer questions if you are unsure if you should keep them home.

Valentine's Day

Your student's teacher will let you know what their class is doing to celebrate Valentine's day.



Parent/Teacher Conferences will be held on and Tuesday, March 18 and Thursday, March 20. Please fill out the conference scheduling form when it is sent home, and it return to school.

Wear Red February 7 – Heart Health

Cardiovascular disease is the No. 1 killer of women. We wear RED to be seen, to be counted, to be heard, and to make an impact. Women at every age, stage and season of life need our support as we take on our greatest health threat – cardiovascular disease. On Friday, Feb. 7, National Wear Red Day®, let's GO RED together.

Spring Sub Sale Fundraiser

Spring Sub Sale will run from Friday, February 14 through Monday, March 3. Pick up will be 3:30-4:30 in the middle of March, date TBD.



Winter Gear

Students should bring their snow pants, boots, hat and mittens to school every day. We only stay inside for recess if the windchill is below zero or the playground is unsafe due to ice.



FEBRUARY




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6 No Preschool	7 We made it! 100 Days of School 100th Day Wear Red Day, January Attendance Celebration
10 Celebration week: Lazy Day	11 Celebration week: Crazy	12 Count Day Celebration week: Anything but a backpack	13 Celebration week: Old person day	14  Valentines Day Celebration week: wear pink or red Sub sale begins! Snack sale
17 Panorama survey begins - families and scholars	18	19	20	21 Popcorn Sale SOAR store
24 	25 	26	27	28 PBIS Celebration Sub sale ends Panorama survey ends

February is the month of Caring and Black History Month

February is black history month!



Black history week began in 1925. It was expanded to the full month of February by Gerald R. Ford in 1976. During this month, the Aberdeen library highlights books about notable black figures and events in history. Books written by black authors, and books that have black characters are also included.

From your library and Mrs. Keener



STANDARD RESPONSE PROTOCOL

PARENT GUIDANCE

In the event of a live incident, parents may have questions about their role.

SECURE

“Get Inside. Lock outside doors”



Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.

WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

LOCKDOWN

“Locks, Lights, Out of Sight”



A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the

building.

SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

SHOULD PARENTS TEXT THEIR STUDENTS?

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

WHAT ABOUT UNANNOUNCED DRILLS?

The school may conduct unscheduled drills, however it is highly discouraged to conduct one without announcing that it as a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.

It's important to differentiate between a **drill** and an exercise. A drill is used to create the “Muscle Memory” associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.

CAN PARENTS OBSERVE OR PARTICIPATE IN THE DRILLS?

The school welcomes parents who wish to observe or participate in drills.



MONDAY

3

- Meatloaf
- Maple Roasted Sweet Potatoes
- Sugar Snap Peas
- Cheez-Its
- Peach Cup

TUESDAY

4

- Fiestada Beef Pizza
- Baja/Taco Fiesta Black Beans
- Veggie Juice - Paradise Punch
- Pears, fresh

WEDNESDAY

5

- Cheezy Breadsticks
- Cooked Broccoli
- Marinara Sauce Cup
- Strawberry Cup

THURSDAY

6

- General Tso Dumplings, Chicken & Vegetable
- Egg Roll, Chicken
- Sidekick - Cherry Freeze
- Sliced Apples
- Fortune Cookie

FRIDAY

7

- Totchos
- Tater Tots
- Beef Taco Meat
- Cheese Sauce
- Salsa
- Cherries
- Scooby Doo Graham Sticks

10

- Honey BBQ Rib Patty
- Hamburger Bun, Whole Grain
- Sidewinders Potatoes
- Baby Carrots
- Mixed Fruit

11

- Cheese Omelet
- Hash Brown Rounds
- Veggie Juice - Paradise Punch
- Peaches, Canned
- Apple Cinnamon Muffin

12

- Turkey Burger
- Hamburger Bun, Whole Grain
- Cooked Broccoli
- Celery
- Cherries
- Educational Crackers

13

- Beef Taco
- Beef Taco Meat
- Cheese, Cheddar Shredded
- Vegetarian Refried Beans
- Diced Tomatoes
- Tortilla
- Fritos
- Orange

14

- Happy Valentine's Day
- Heart Chicken Nuggets
- Grape Tomatoes
- Sidekick - Cherry Freeze
- Sliced Apples
- Heartzels Pretzels

17

- Pizza, Cheese stuffed crust
- Cooked Broccoli
- Baby Carrots
- Mandarin Oranges

18

- Hamburger Beef Patty
- Hamburger Bun, Whole Grain
- American Cheese Slice
- Baked Beans
- Tomato Slices
- Pickle Chips, Dill
- Applesauce

19

- Chicken Tenders
- Potato Wedges, Spicy
- Celery
- Banana

20

- Pasta Bake
- Mozzarella Cheese
- Tossed Salad Romaine
- Lettuce Grape Tomatoes
- Peach Cup
- Garlic Breadstick

21

- Turkey ham & cheese Calzone
- Corn
- Cole Slaw
- Apple

24

No School

25

No School

26

- Chicken Patty
- Hamburger Bun, Whole Grain
- Cooked Broccoli
- Mini Sweet Peppers
- Banana

27

- Orange Chicken
- Brown Rice
- Asian Blend Vegetables
- Grape Tomatoes
- Sliced Apples

28

- Apple Cinnamon Toast
- Turkey Sausage Link
- Veggie Juice-Paradise Punch
- Strawberry Cup

Milk Choices: Milk, Fat Free Chocolate Milk, 1% White

What Makes A Lunch? A full student lunch includes a choice of 5 items: protein and grains (often included in the entree), vegetables, fruits and milk. Students must choose at least 3 of the 5 items and one item **MUST** be a fruit or vegetable.

Menus Subject to Change Without Notice While it is our intention to serve the posted menu each day at every school, there are times when we need to make changes due to supply issues. We will try to sub the planned menu item with another that is as similar as possible. Please know that we will continue to provide nutritious meals every day!

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ALL students receive free breakfast and lunch.

Students may bring a lunch from home. Lunches are dropped off in the cafeteria before school and need to have the scholar's name on it. **It needs to be nutritious (not just chips and pop) and be for that student only (no bags of chips or cookies to share).** We are not allowing restaurant food to be brought into the school cafeteria unless it is the student's birthday or the school day before or after their birthday, if it falls on a weekend.

Snacks for School

Scholars do not have access to a microwave. Please make sure their snacks are something they can handle independently and are appropriate for school. No microwave popcorn.